



Hello year 11,

I hope you and your family are well and are adjusting to a new way of living. We realise that for some of you this will still be a difficult time as you were working hard under pressure up until mid-March and then have had it all taken away from you without the closure of the exams. The government has now confirmed that your results will be provided by school assessment taking into consideration your performance over the last two years. Evidence can be taken from all areas including classwork, practical sessions, controlled assessments and Exams. Our advice now is to try and look forward. Make sure your mental health remains well by exercising and speaking to people. If anyone requires support with their mental health you can still contact us here in school at any point during the week. A safeguarding officer is always in school. You can also use our timetotalk service on a Wednesday morning with Mrs Crompton, Mrs Butler and Mrs Roberts and use the links below from Kooth and Happyoksad.

It is always good to keep yourself busy so you could look to prepare yourself for your next steps.

Mrs Morris has updated her information on the update here for those of you who are considering taking an apprenticeship route now that you have finished school, with some links to current apprenticeships available. There is also information regarding college applications and links to all local colleges for those who have not yet applied. Mrs Morris also wants you to know that she is also available should you need any advice at rmorris@birchwoodhigh.org

We have also included some links and advice below that will prepare you for some of your subjects in college. We also recommend some general courses on sign language and life skills. These recommendations are not to add pressure but just to give some guidance if anyone is a bit short of something to do. Remember also to keep reading, watching films and listening to music and try to take a break from gaming and social media. I am personally available to answer any queries you might have about exams or your wellbeing by email jburnham@birchwoodhigh.org or give me a ring in school on a Tuesday or a Thursday. You probably will not get a time like this again so try and relax and make the most of it.

Keep safe everyone

Mr Burnham

Mental Health and Well Being

Happy Ok Sad <http://happyoksad.warrington.gov.uk>

Kooth <https://www.kooth.com/>

Life skills for Employability

<http://schools.tecl.co.uk/educationcompany4lz/lz.aspx?p1=MwhDU2OTlxNzUzUzg4ODpDMzcyRjFDNjU3QzUwMTVBMDNFMzNDMUUxODdDQg%3d%3d-&CC=&p=0>
<https://successatschool.org/advice/employability-skills>

British-sign .co.uk <https://www.british-sign.co.uk/coronavirus-crisis/>

Getting ready for college

Psychology and Criminology - any reading or watching documentaries they can do on serial killers and why they commit crimes (always popular), drug and other addictions (again they usually know more than me). If they are starting BTEC Applied Psychology they can be thinking about their project for next year and getting ready.

A PDF is available on the year 11 section of our update

<https://criminology.uk.net/>

Choose between = Looking a short-term memory differences between males and females/illusions/the STROOP test/personality and music choices.

Maths A Level Transition booklet

<https://drive.google.com/file/d/1u9sS31HRkTnQhRZZJIC3xMmR4cEqAaC-/view>

Biology Prep A Level

https://www.amazon.co.uk/dp/B00VE2NIOI/ref=cm_sw_r_ap_a_i_TYBHEbCJEHST8
<https://www.futurelearn.com/>
<http://www.winstanley.ac.uk/y11-subject-guides/>

Continuing with geography PDF - available on the year 11 section of our update

Continuing with History PDF - available on the year 11 section of our update