



## Places available on the fantastic NCS Summer 2019 programme!

We'd like to tell you about a once-in-a-lifetime opportunity which your son or daughter can sign up for this summer. National Citizen Service (NCS) is a government-backed programme which is supported by Birchwood Community High School and ran by Warrington Youth Club. NCS helps young people build their confidence and gain new skills while having fun and giving back to their community – the best possible springboard for their future. Whether they're about to start sixth form or college, or preparing to enter the working world, signing up to NCS is one of the best decisions a young person can make.

But don't just take our word for it. Here are some quotes from parents whose son/daughter completed NCS in Warrington in Summer 2018:

*"I just wanted to thank you and everyone involved at Warrington NCS for their fantastic support over the summer with my daughter. She loved every minute of it and took part in activities that I never thought for a minute she would. She has grown in confidence and my husband and I have seen a massive difference in her attitude since becoming involved in NCS."*

*"My daughter was apprehensive about doing it, she suffers from anxiety and panics as she's not so confident but this has done her the world of good and has come back with renewed confidence and less anxiety."*

*"It gave my daughter unique opportunities, a chance to be in a team and grow in independence, in a variety of challenging ways and she's really matured as a result!"*

*"It's absolutely brilliant what you do the life skills you have taught my child are priceless"*

So, what is NCS? NCS is a unique part-residential programme focused around fun and discovery, plus 30 hours committed to a community project that benefits both young people and society. Young people build skills for work and life, while taking on new challenges and adventures, making new friends, and contributing to the local community. Government backing means that it costs just £50 to take part in our four week summer programme which covers all activities and residential costs. If you child is entitled to free school meals the cost is only £25. Payment plans are available on a case by case basis.

The NCS team are in your son/daughters school in the next few weeks and throughout the academic year to give them an opportunity to express interest in the programme. Your son/daughter will come home with further information and if they expressed interest and we will be in contact shortly. However, if you are interested and want to reserve a place please contact the Warrington NCS team on 01925 909678



Please turn over for more information about how NCS works. Limited places are available on NCS Programmes in Warrington during the Summer holidays.



### Phase 1 - Adventure

A 4 night, 5 day residential (Monday to Friday) in a breath-taking location called 'Open Doors' in St Asaph, North Wales. Young people will get the opportunity to take part in loads of cool activities such as rock climbing, camping, bush-craft, archery and much more, and hang out with new friends building long-lasting relationships (and sing Oasis classics in unison round a massive campfire!). Here, young people will also develop leadership, communication, confidence and team-work skills, Teams are made up of 15 young people from across all of Warrington.

### Phase 2 - Discovery

After a weekend of home comforts the young people then get the opportunity to really discover university life, staying Monday to Friday for 4 more nights at Chester University (Warrington Campus.) Enjoying their own room in Halls of Residence, young people get to embrace independence and truly live the 'Uni' experience! During the week they also get the invaluable experience of learning an abundance of life skills that they can take forward as they develop both professionally and personally on all levels. From workshops on mental health awareness, disability awareness, wellbeing and first aid, to cooking classes and even managing a budget to buy food for themselves for the week. The teams also get to visit local businesses on trips to places like Vimto, Faithful and Gould and Gulliver's World, as well as a host of other businesses that support OnSide Warrington Youth Club.

### Phases 3 - Social Action

On this phase the young people will plan and deliver a Social Action project on anything they want as long as it makes a difference to someone or something within the local community. They will spend the first week planning for their project, and the second week delivering it. Whether it's raising awareness on mental health, collecting donations for homeless people, or running activity days for a care home: whatever the young people feel passionate about they work together to do their very best as a team. For these two weeks (normally 10am-4pm, Monday to Friday) the young people will be based at a central Warrington location, to be confirmed.

After full completion of all phases of NCS all participants will receive a certificate signed by the Prime Minister. NCS happens Monday – Friday so the young people have their weekends free. The dates for this Summer are:

Wave 1: 1st July –26<sup>th</sup> July (waiting list available)    Wave 4: 22<sup>th</sup> July – 9<sup>th</sup> August  
Wave 2: 8<sup>th</sup> July –2<sup>nd</sup> August (waiting list available)    Wave 5: 29<sup>th</sup> July – 23<sup>rd</sup> August  
Wave 3: 15<sup>th</sup> July –9<sup>th</sup> August (waiting list available)    Wave 6: 5<sup>th</sup> August–30<sup>st</sup> August

We allocate spaces on a first come first served basis based on those who have made payment towards the programme. For more information, please don't hesitate to call us on 01925 909678.

Best wishes

Rebecca Routledge

Warrington Youth Club - NCS Key Contact for Birchwood Community High School

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